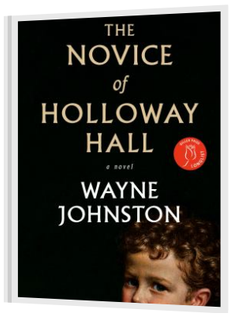
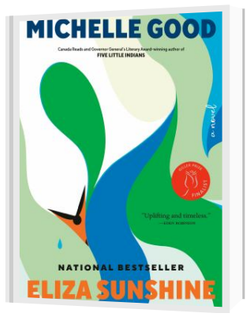
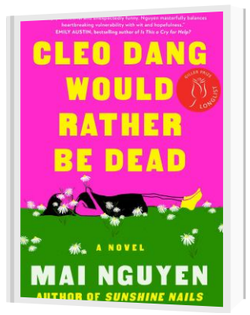
new books
to look out for

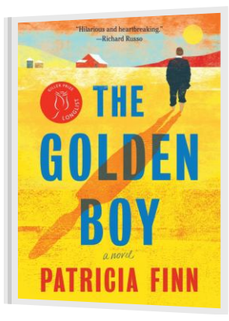
NOVEMBER 2026
what's on at the Fort Erie Public Library



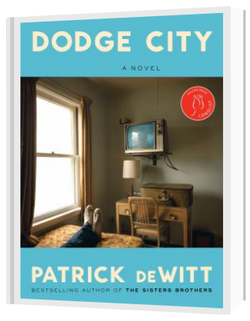


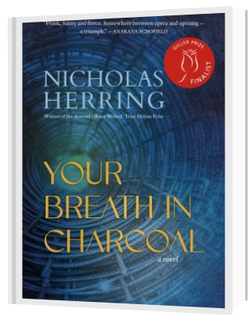


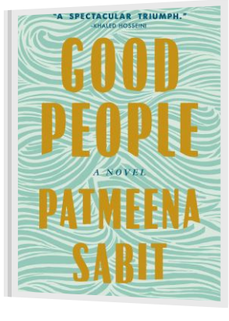


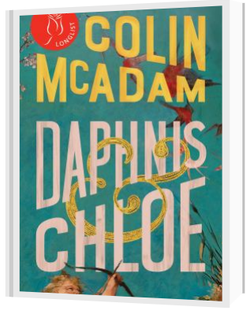


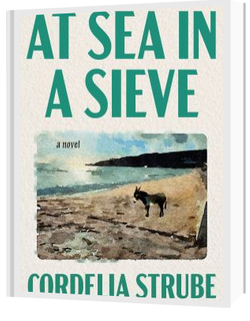


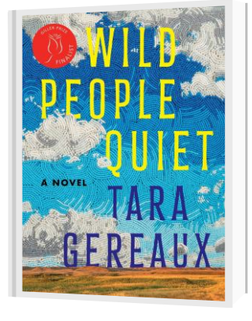














Discover what's new
Scan the QR code to explore our latest books and new releases.

FEPL.CA

fort erie PUBLIC LIBRARY

FEPL.CA

At a glance

Library Branches

Centennial Branch
136 Gilmore Road, Fort Erie

Monday - Thursday: 9:30 am - 8 pm
Friday - Saturday: 9:30 am - 5 pm
905-871-2546

Crystal Ridge Branch
89 Ridge Road South, Ridgeway

Monday - Thursday: 9:30 am - 8 pm
Friday - Saturday: 9:30 am - 5 pm
905-894-1281

Stevensville Branch
2508 Stevensville Road, Stevensville

Monday and Saturday: 9:30 am - 2 pm
Wednesday and Thursday: 3:30 pm - 8 pm
905-382-2051

Remembrance Day
Wednesday, November 11

On Remembrance Day, we honour and remember those who served and sacrificed for our country.

Registration Information

About our programs

There's something for everyone at the library! Many programs are drop-in, while others require registration through SimpleTix, our online registration system. Spaces can fill quickly, so register early for programs you'd like to attend. Programs are free unless noted.

SCAN ME!

Registration for December opens on November 24 at 9:30 am
To register:
Scan the QR code
Visit fepl.ca/events_simpletix
Call any library branch

Good to Know

While we do our best to keep programs running as scheduled, occasional changes may be necessary. Registered participants will be notified whenever possible, and updates are posted on our social media channels and will be available by calling any branch.

Thank You

The Friends of the Fort Erie Public Library presented the library with a cheque for $5305 from their Fall Used Book Sale.

We are grateful for their hard work, dedication and continued support.



Friends of the Fort Erie Public Library

Learn more about their achievements, fundraising efforts, and contributions at fepl.ca/friends

THURSDAY	FRIDAY	SATURDAY
5 Tai Chi | CEN | 2 pm Guitar Club | CEN | 3 pm Art Party | CEN | 4 pm Crochet & Cross Stitch Club | CR | 6 pm Dragon Tales Book | CEN | 6 pm (R) Craft Night at Stevensville: Holiday Bookmarks | STV | 6 pm (R)	**6** Knitting Group | CR | 10 am Mahjong | CR | 1-4 pm	**7** Mushroom Tealights | CEN | 11 am (R) YLA Angel Tree Begins | CEN An Afternoon with Local Authors | CEN | 2 pm (R)
12 Tai Chi | CEN | 2 pm Afternoon Book Club | CEN | 2 pm Guitar Club | CEN | 3 pm Art Party | CEN | 4 pm Fort Erie Ukes | CR | 5 pm Teen Book Bedazzling | CEN | 6 pm (R) Adult Trivia | CEN | 6 pm (R)	**13** Knitting Group | CR | 10 am Mahjong | CR | 1-4 pm	**14** Beaded Snowflake Ornaments (R) CR | 12 pm (noon) Kids Painting Class | CR | 3 pm (R)
19 Tai Chi | CEN | 2 pm Guitar Club | CEN | 3 pm Art Party | CEN | 4 pm Yarn Wrapped Snowmen | CEN | 6 pm (R) Crochet & Cross Stitch Club | CR | 6 pm Stevensville Book Club | STV | 6 pm	**20** Knitting Group | CR | 10 am Mahjong | CR | 1-4 pm	**21** Santa Claus Parade: Activies & Crafts at the Library! | CEN | 9:30-4 pm Therapy Tails | CEN | 1 pm
26 Tai Chi | CEN | 2 pm Guitar Club | CEN | 3 pm Art Party | CEN | 4 pm Fort Erie Ukes | CR | 5 pm STEAM: Snow Globes | CEN | 6 pm (R)	**27** Knitting Group | CR | 10 am Mahjong | CR | 1-4 pm PD Day Activities: Super Mario Galaxy Movie & Craft | CEN | 1 pm	**28** Home Alone Course | CR 10 am - 1 pm (St. John Ambulance) Mad Science: Detective Science CEN | 1 pm (R)
3 Tai Chi | CEN | 2 pm Guitar Club | CEN | 3 pm Art Party | CEN | 4 pm	**4** Knitting Group | CR | 10 am Mahjong | CR | 1-4 pm	**5**

(R) REGISTRATION REQUIRED

FEPL.CA

November Calendar

MONDAY	TUESDAY	WEDNESDAY
2 Job Gym | CR | 9:30 am-5 pm Kids Club | CR | 3:30 pm Adult Chess Club | CEN | 6 pm	**3** Job Gym | CEN | 9:30 am-5 pm Knitting Group | CEN | 10 am After School Craft & Stories | CEN | 4 pm Tween & Teen Crochet Club | CEN | 6 pm R The Menopause Conversation | R CEN | 6 pm	**4** Job Gym | CR | 9:30 am-5 pm EarlyON | CEN | 10 am
9 Job Gym | CR | 9:30 am-5 pm Kids Club | CR | 3:30 pm Adult Chess Club | CEN | 6 pm DIY Sock Puppets & Puppet Show R CEN | 6:30 pm	**10** Job Gym | CEN | 9:30 am-5 pm Knitting Group | CEN | 10 am Happy in My Home | CR | 10 am Tech Help | CEN | 2 pm After School Craft & Stories | CEN | 4 pm Tween & Teen Crochet Club | CEN | 6 pm R The Menopause Conversation | R CEN | 6 pm	**11** Job Gym | CR | 9:30 am-5 pm EarlyON | CEN | 10 am
16 Job Gym | CR | 9:30 am-5 pm Bingo | CEN | 2 pm Kids Club | CR | 3:30 pm Paper Snowflakes | CEN | 6 pm R Adult Chess Club | CEN | 6 pm	**17** Job Gym | CEN | 9:30 am-5 pm Knitting Group | CEN | 10 am Homeschool Hangout | CEN | 10 am After School Craft & Stories | CEN | 4 pm Tween & Teen Crochet Club | CEN | 6 pm R Craft Night at Centennial: R Marble Tree | CEN | 6 pm The Menopause Conversation | R CEN | 6 pm	**18** Job Gym | CR | 9:30 am-5 pm EarlyON | CEN | 10 am Bertie Historical Society Meeting | CR | 6 pm
23 Job Gym | CR | 9:30 am-5 pm Bridge | CEN | 2 pm Kids Club | CR | 3:30 pm Adult Chess Club | CEN | 6 pm	**24** Job Gym | CEN | 9:30 am-5 pm Knitting Group | CEN | 10 am Tech Help | CR | 2 pm After School Craft & Stories | CEN | 4 pm Tween & Teen Crochet Club | CEN | 6 pm R The Menopause Conversation | R CEN | 6 pm English Conversation Circle | CEN | 6 pm YLA Meeting | CEN | 7 pm	**25** Job Gym | CR | 9:30 am-5 pm EarlyON | CEN | 10 am Paint Night with Maria Harrison-Edge R CR | 5:30 pm
30 Job Gym | CR | 9:30 am-5 pm Tech Help | STV | 10 am Kids Club | CR | 3:30 pm Adult Chess Club | CEN | 6 pm Card Making | CR | 6 pm R	**1** Job Gym | CEN | 9:30 am-5 pm Knitting Group | CEN | 10 am After School Craft & Stories | CEN | 4 pm Tween & Teen Crochet Club | CEN | 6 pm R Echoes of the Ancestors | CEN | 6 pm	**2** Job Gym | CR | 9:30 am-5 pm EarlyON | CEN | 10 am

CEN Centennial | CR Crystal Ridge | STV Stevensville

Kids Programs Adult Programs

Friends of the Fort Erie Public Library

Used Book Drive

The Friends are now accepting donations for our Spring sale!

We gladly welcome gently used books, DVDs, and CDs.

Please Note: We cannot accept items that are yellowed, mouldy, or damaged. Thank you for understanding.

Donation Drop-Off:
Tuesdays from 3-7 pm
Crystal Ridge Branch

Meetings

The next General Meeting of the Friends will be held on:

Tuesday, November 10 at 4 pm
Centennial Branch Library
Everyone is welcome to attend!

Giving Tuesday is on December 1!

This global initiative brings people together to give back and support causes close to their hearts. It encourages donations, volunteer efforts, and acts of generosity that make a positive impact in communities worldwide. For the Friends of the Fort Erie Public Library, Giving Tuesday presents a wonderful opportunity to advance our mission of supporting library services for Fort Erie residents. This year, all funds raised will go towards supporting the Teen Innovation Hub, helping us provide more books and resources for young readers in our community.

You can donate online securely through CanadaHelps - link is available on our webpage (www.fepl.ca/friends) or by dropping off a cheque at any of the three Fort Erie Public Library branches. Thank you!

Friends of the Fort Erie Public Library

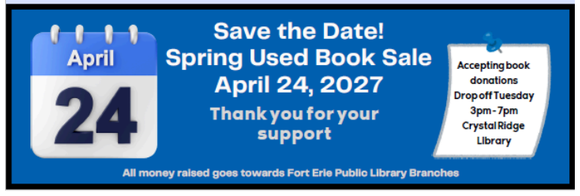
We are excited to share that we raised

$5305

at our Fall 2026 Used Book Sale Fundraiser

Thank you
for supporting the Fort Erie Library Branches

Thank you
to our dedicated volunteers and the community for your book donations



More about us

Discover who we are and how to become a member:

Visit our website: www.fepl.ca/friends

Follow us on Facebook
facebook.com/friendsofFEPL

Join us on Instagram
@friendsoftheforterielibrary

@FRIENDSOFTHEFORTERIELIBRARY

Thank you, Delta Bingo for our fundraising partnership.

Charitable. Gaming. Community Good.

FEPL.CA/FRIENDS

Weekly Kids and Teen Programs

Kids Club
Crystal Ridge | Mondays | 3:30-4:30 pm

Join us to play, craft, and unwind after school at this family-friendly program.
Drop-in | All ages

After School Craft and Stories
Centennial | Tuesdays | 4-4:45 pm

Join us for a storytime and a craft!
Drop-in | All ages

Tween and Teen Crochet Club (R)
Centennial | Tuesdays | 6-7 pm

Whether you're looking to learn new skills or are already proficient, this is the place to hang out with fellow crocheters! Work on new projects together or finish your own designs in a relaxing environment. Crochet hooks and yarn are available, but you're welcome to bring your own.
Registration required | Ages 10+

EarlyON
Centennial | Wednesdays | 10 am - 12 pm

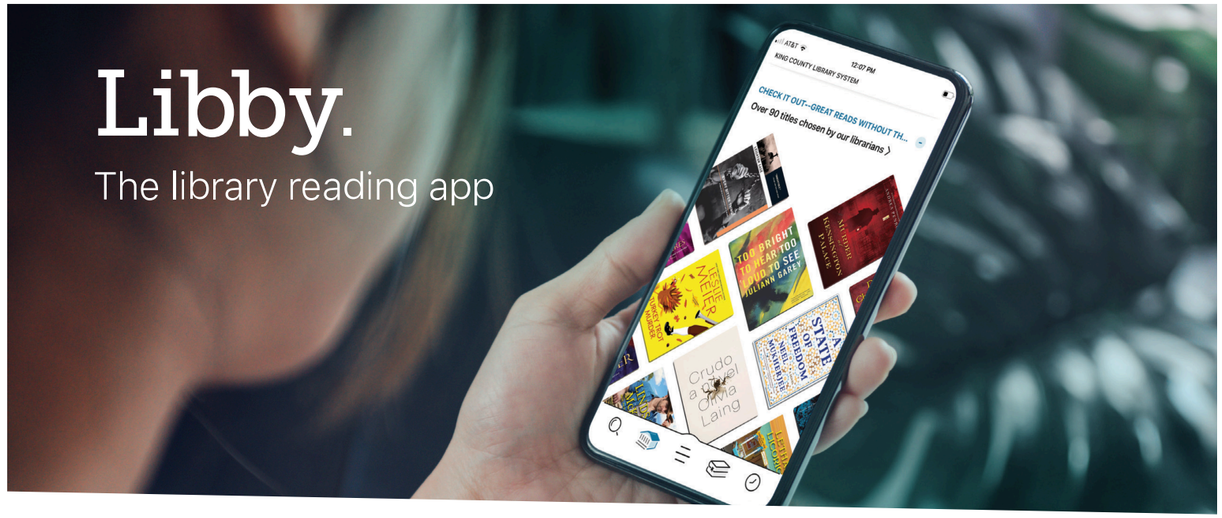
Join us for stories, songs, crafts and playtime. In partnership with EarlyON.
Drop-in | Birth to 6 years with a parent/caregiver

Art Party
Centennial | Thursdays | 4-4:45 pm

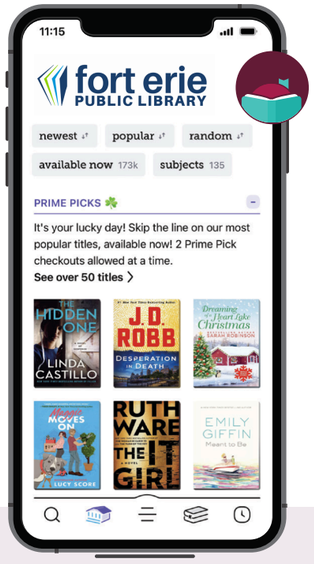
Art Party is a place to explore and test out new artistic skills. We'll be using paint, pastels, charcoal, clay, watercolour and more.
Drop-in | Ages 6+

Join the fun this month!
Registration for November programs opens Saturday, October 24 at 9:30 am.

To register:
Scan the QR code
Visit fepl.ca/events_simpletix
Call any library branch



Discover new reads on Libby, the free app from your local library that allows you to borrow ebooks, audiobooks & more on your phone or tablet.



Why you'll love Libby:
- Quick and easy setup! Just follow the prompts to start reading
- A unified bookshelf for all your loans and holds
- Unlimited custom tags to categorize books however you'd like
- Push notifications so you never miss a thing, including available holds
- Easily find the next book in a series
- Pin filters to only see the content you like
- More ways to listen on the go with Apple CarPlay and Android Auto

Visit overdrive.com/libby to get started with Libby today!

Download on the App Store | GET IT ON Google Play

A look back at last month's fun!



More with your **library card**

Explore Libby and our collection of digital resources to borrow eBooks, audiobooks, stream content, and learn online anytime, anywhere.

Browse our Digital Library

New!

Book Bundles

Your next read, picked just for you.

Get a selection of books chosen just for you by our library staff.

Complete the adult or children's form to tell us about your reading interests, and we'll contact you when your bundle is ready for pickup at your preferred branch.

Scan the QR code to learn more!



The Purse Project Network

November 2 - 30 | All branches

For 10 years, the Purse Project Network - Niagara Chapter has been collecting purses filled with personal care iems for women in need in the community.

For the month of November, the library is partnering with the Purse Project Network to collect new or gently used purses that are filled with essential personal care items which will be donated to local charities and given to the women they serve.

Scan the QR Code or visit:
www.thepurseprojectnetwork.com
for more information!



Monthly Kids and Teen Programs

Homeschool Hangout

Centennial | Tuesday, 17 | 10-11 am

Each month will feature a different art or STEAM project. Families can explore stories, games and activities, having fun spending time together while learning with friends.
Drop-in | All Ages

Therapy Tails

Centennial | Saturday, 21 | 1-2 pm

Reading with a therapy animal can help reluctant readers, new language learners, and anxious readers gain confidence and develop a love of reading.
Drop-in | All ages

YLA Meeting

Centennial | Tuesday, 24 | 7-7:45 pm

Are you between the ages of 13 and 18, want to earn community involvement hours, build leadership skills and help improve what the library has to offer? YLA aims to create a welcoming atmosphere that encourages teens to become lifelong library users while providing library-related services to youth in a fun and friendly environment.
Drop-in | Ages 13-18 (Grades 8-12)

STEAM Series: Snow Globes (R)

Centennial | Thursday, 26 | 6-7 pm

Shake up some winter fun! Kids will create their very own snow globe using a mason jar and a little bit of science. As they build their globes, they'll discover why the "snow" floats, sinks, and swirls through the water, and how different materials affect what happens inside.
Registration required | Ages 5+

Home Alone Course (St. John Ambulance)

St. John Ambulance

Crystal Ridge | Saturday, 28 | 10 am - 1 pm

The Home Alone Course is for any young person (aged 10 and over) who will be spending short periods of time at home alone. This course covers many issues that will help children and their parents feel more confident.

Fee applies. Registration and payment must be made through St. John Ambulance. FEPL does not process registrations or payments.

Thank you to our sponsor

Thank you to Miller's Auto Recycling for their generous donation as a Silver Supporter. Their support helps provide children's and young adult digital literacy resources.

MILLERS AUTO RECYCLING LTD

Silver Supporter

YLA News

The Youth Library Association (YLA) brings young people together to make a difference at your library and in the community.
Stay connected for news about their upcoming initiatives and ways to get involved.



Visit fepl.ca/YLA and follow YLA on Instagram: @youthlibraryassociation

Special Events Kids and Teen

LETTERS TO SANTA

November 2 - December 9

All Branches

Santa's postal elves are getting ready for another busy holiday season!

Kids can visit the library to write their very own letter to Santa. Our elves at the library will ensure your message gets delivered, and you'll receive a response from Santa.

1. Starting Monday, November 2, head to any branch to write your letter to Santa!
2. Be sure to include important information, like your name and phone number!
3. Receive a response from Santa!



Mailing Deadline: December 9

Dragon Tales Book (R)

Centennial | Thursday, 5 | 6-7 pm

Inspired by the TV show "Dragon Tales", create your very own dragon notebook! Use clay to sculpt colourful dragon scales and add a magical glass dragon eye to their cover. Decorate your notebook to make it look like it belongs to a real dragon.
Registration required | Ages 6+
Younger children welcome with a parent/caregiver

Mushroom Tealights (R)

Centennial | Saturday, 7 | 11 am-12 pm

Add fantastical flair to your space with these adorable DIY upcycled lamps. All supplies are provided. Hot glue guns will be used.
Registration required | Ages 8+
Younger children welcome with a parent/caregiver

DIY Sock Puppets and Puppet Show (R)

Centennial | Monday, 9 | 6:30-7:30 pm

Turn an ordinary sock into a silly new character! Kids will create their own sock puppet, giving it a fun personality and plenty of imagination. Once their puppets are ready, everyone will have a chance to put on a short puppet show and bring their characters to life!
Registration required | Ages 6-12
Younger children welcome with a parent/caregiver

Around the Library

Special Thank You

To our Friends of the Library for all of their support!

Say Cheese!

Staff may take photos or recordings during programs and events for use in marketing materials, social media, or other promotional purposes. Patrons who do not wish to be photographed or recorded should inform a staff member prior to or during the program.

Print, Copy and Scan

Print, copy, or scan at any of our branches. Print from a library computer or send your print job wirelessly from your own device.

Pricing
Black and White: $0.25 per side
Colour: $0.50 per side
Scanning documents and printing resumes and government documents is free.

Learn more or place your order

Scan the QR code
Visit fepl.ca/printing

Library of Things

The Library of Things is a collection of non-traditional library items available to borrow including:



- **Balance Stepping Stones**
- **Bicycle Locks**
- **Cognitive Care Kits**
- **HappyLight**
- **Kan Jam**
- **Nature Pass**
- **Launch Pad**
- **Ontario Parks Pass**
- **Pickleball Set**
- **Snap Circuits Kit**
- **Spikeball Set**
- **Telescope**
- **Wi-Fi Hotspot**

Coming Soon
Giant Tetris, Yahtzee, Plinko, Connect 4, Guess Who? and more!

YLA Angel Tree

This holiday season, the Youth Library Association (YLA) is once again hosting an Angel Tree at Centennial Branch. Parents can sign up their child to receive a gift starting November 7. Community members wishing to give can select an Angel from the tree beginning November 21. Gifts can be dropped off at the Centennial Branch for the YLA to wrap. Parents can pick up gifts on Saturday, December 19, from 2-4 pm.



More details on how to sign up and participate coming soon!
Questions in the meantime? Contact Sara at sdobbie@fepl.ca

Mitten Tree

Saturday, November 21 - Saturday, December 19

Our annual mitten tree is back! Donate knitted hats, scarves, mittens, and/or gloves for those in need this winter.

Hang them on the "Mitten Trees" at any of our three branches starting Saturday, November 21 to Saturday, December 19.

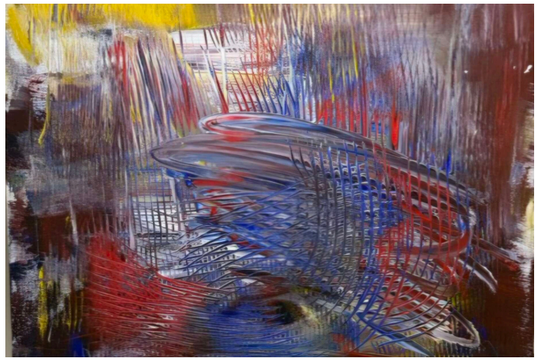


Special Events Adult

Fall Artist Series - Kenji Sumbler
Centennial | Monday, November 2 - Saturday, 28

From November 2 to 28, visit the Centennial Branch to experience the work of artist Kenji Sumbler. Kenji Sumbler is an abstract artist from St. Catharines who paints with acrylic on canvas. He is severely autistic and non-verbal, so painting is his primary language and how he connects with the world around him.

His abstract art replaces spoken words with bold colour, thick layers, and heavy textures. Each of his canvases shows his unique sensory experiences and how he feels. By sharing his paintings, he invites people to see the world through his eyes.
Drop in during regular library hours and discover this month's gallery exhibit.



Paint Night with Maria Harrison-Edge
Crystal Ridge | Wednesday, 25 | 5:30-7:30 pm

Get into the winter spirit with this inspired painting session led by Maria Harrison-Edge from the Fort Erie Arts Council.
Registration required | All supplies included

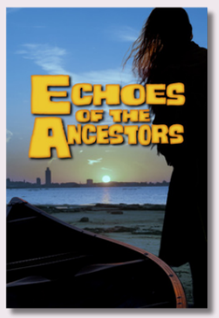
An Afternoon with Local Authors in partnership with Lakeside Books and Art
Centennial | Saturday, 7 | 2-4 pm

During this special event, patrons will get the chance to meet local authors, listen to excerpts of their work, and have the opportunity to buy new books to take home.

Participating authors are: J.A. Boulet, James Culic, Karrie Haynes, Rosemary Hurren, Irene Jorgensen, Melanie Leavey, Samantha Meli, James Murray, Yvonne Van Lankveld, Mark Wilkie
Registration required

Echoes of the Ancestors
Centennial | Tuesday, December 1 | 6-7:30 pm

Echoes of the Ancestors is a new three-part documentary series produced by Michael Summers and Mitch Baird of the McLean Consulting Group.
The series explores the cultural and historical significance of Indigenous burial grounds and archaeological sites in the Fort Erie region, including the Orchid and Surma Ossuary sites and the area surrounding the Peace Bridge. Through archaeological research, community perspectives, and conversations with Indigenous knowledge holders and heritage professionals, the documentary connects the region's ancient Indigenous presence with questions that remain urgent today.
Drop-in



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Special Events Kids and Teen

Teen Book Bedazzling
Centennial | Thursday, 12 | 6-7 pm

Give an old book a major makeover! Teens will use rhinestones to transform a book cover into a special edition, sparkly masterpiece.
Registration required | Ages 12+

Beaded Snowflake Ornaments
Crystal Ridge | Saturday, 14 | 12-1 pm

Create a beautiful winter decoration using colourful beads and pipe cleaners! Kids will learn how to arrange and twist the pipe cleaners into snowflakes. Once finished, they'll have a sparkly handmade ornament to hang on the Christmas tree.
Registration encouraged | Drop-ins welcome
Ages 3+

Kids Painting Class
Crystal Ridge | Saturday, 14 | 3 -4 pm

Get creative and paint a beautiful winter scene! Kids will follow a step-by-step painting lesson to create a snowy masterpeice.
Registration required | Ages 6+

Paper Snowflakes
Centennial | Monday, 16 | 6-7 pm

Join us to learn how to make different kinds of giant 3D snowflakes. Leave your snowflake at the library or take it home to decorate your room!
Registration required | Ages 6+
Younger children welcome with a parent/caregiver

Yarn Wrapped Snowmen
Centennial | Thursday, 19 | 6-7 pm

Welcome winter with this cozy DIY project. Using yarn, stuffing, felt and hot glue, you can create adorable snowmen to decorate for the season.
Registration required | Ages 8+
Younger children welcome with a parent/caregiver

Mad Science: Detective Science
Centennial | Saturday, 28 | 1-2 pm

Get kids excited about science with a fun workshop. Your library becomes a forensics lab as you examine fingerprints, mystery powders, ink samples, and DNA evidence to solve the case!
Registration required | Ages 6+

PD DAY Activities

Super Mario Galaxy Movie and Craft
Centennial | Friday, 27 | 1-3 pm

Looking for something fun to do on a PD Day?
Join us for a showing of Super Mario Galaxy and a special Mario-themed craft.
Drop-in | All ages | Popcorn included



FEPL.CA

Weekly Adult Programs

Job Gym Employment Services

Crystal Ridge
Mondays and Wednesdays | 9:30 am-5 pm
Centennial
Tuesdays | 9:30 am -5 pm

Job Gym will be offering employment services at the Centennial and Crystal Ridge branches.
Drop-in | Ages 16+

Adult Chess Club
Centennial | Mondays | 6-7:30 pm

All skill levels are welcome to drop in and play Chess when you can!
Drop-in

Knitting Group
Centennial | Tuesdays | 10 am-12 pm
Crystal Ridge | Fridays | 10 am -12 pm

Bring your knitting, crochet, needlework, and other projects.
Drop-in

Tai Chi
Centennial | Thursdays | 2-3 pm

Join Ray as he teaches a simple style of Tai Chi, combined with breathing and body conditioning exercises borrowed from Aikido.
Drop-in | All ages

Guitar Club
Centennial | Thursdays | 3-4 pm

Bring your guitar and enjoy playing with others!
Drop-in

Fort Erie Ukes
Crystal Ridge | Thursdays, 12 and 26 | 5-7 pm

Fort Erie Ukes (FEU), established in 2021, are a group of adult ukulele players and enthusiasts meeting every other Thursday. All skill levels are welcome to attend. We typically play 16-18 songs from our library and sprinkle in any open mics you might be working on.
Drop-in



Mahjong
Crystal Ridge | Fridays | 1-4 pm

Join in on the fun! Play Mahjong with a group of avid players in the community. This program is intended for those who know how to play.
Drop-in

Monthly Adult Programs

Craft Night at Stevensville: Holiday Bookmarks (R)
Stevensville | Thursday, 5 | 6-7 pm

Make a beautiful holiday bookmark for yourself or as a gift for a loved one!
Registration required | All supplies included

Crochet and Cross Stitch Club
Crystal Ridge | Thursdays, 5 and 19 | 6-7 pm

Got a project you're working on? Come to the library and create in community!
Drop-in

Happy in My Home
Crystal Ridge | Tuesday, 10 | 10 am -12 pm

Happy in My Home, Community Support Services of Niagara, is a volunteer-based not-for-profit agency providing comprehensive client-driven community support services to help older adults and adults with disabilities live independently in their own homes.
Drop-in

Tech Help
Phone and Personal Device Support
Centennial | Tuesday, 10 | 2-3 pm
Crystal Ridge | Tuesday, 24 | 2-3 pm
Stevensville | Monday, 30 | 10-11 am

Do you need help with your phone, laptop, tablet, e-reader or any other personal device? Bring your phone or device to the library.

Craft Night at Centennial: Marble Tree (R)
Centennial | Tuesday, 17 | 6-7:30 pm

This beautiful craft can be perfect for the holiday or winter season!
Registration required | All supplies included

Bertie Historical Society Meeting
Crystal Ridge | Wednesday, 18 | 6-8 pm

Presentation of WWII Commonwealth Air Training by Adrian Verburg
During World War 2, thousands of fighter pilots from the Commonwealth and USA were successfully trained at a facility in Dunnville. Unfortunately there was a fatal casualty in Lake Erie near Crystal Beach, observed by passengers on the Steamer Canadiana.
Drop-in

English Conversation Circle
Centennial | Tuesday, 24 | 6-7 pm

Offered in partnership with the Fort Erie Multicultural Centre, this program offers a chance to practice English through guided conversation, games and more. Children are welcome.
Registration encouraged | Drop-ins welcome

Card Making (R)
Crystal Ridge | Monday, 30 | 6-7 pm

Join us at the library to design cards! Look forward to a fun evening creating cards for all of your loved ones.
Registration required | All supplies provided

The Menopause Conversation (R)

An Education Series by What the Gut - Women's Wellness Founder, Nicola Hasmatali

Centennial Branch
Tuesdays 3, 10, 17 and 24 | 6-7 pm

Join Certified Holistic Perimenopause and Menopause Coach Nicola Hasmatali, founder of *What the Gut* - Women's Wellness, for an engaging four-week educational series.
Together, we'll explore the stages of the menopause transition, the role of nutrition, movement, stress, sleep, mindset, relationships, pelvic health, and more.
You can choose to participate in one or all of the sessions. Please find session descriptions on our website. Partners are welcome.
Registration required.

Socials at the Library



Adult Trivia Night (R)
Centennial | Thursday, 12 | 6-7:30 pm

Gather your friends, test your trivia knowledge, enjoy snacks and have a chance to win bragging rights and a prize.
Registration required

Bingo
Centennial | Monday, 16 | 2-3 pm

Enjoy a friendly game of bingo.
Drop-in

Bridge
Centennial | Monday, 23 | 2-3 pm

A card game of strategy, played in pairs. Play with others or learn from expereinced players.
Drop-in | Light refreshments provided

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